



Holmesdale Cricket Club



**PLAYER STANDARDS
2012**



Players Standards 2012

Holmesdale Cricket Club has made a few changes for the 2012 season to raise the standard of its players. The playing standards outline the expectations which every player has of one another. They have been developed by the players and for the players to lead a new level of professionalism and ambition for the club.

Training

Senior players are expected to be leaders, by practicing as they intend on playing, providing support and encouragement to all other members.

- All players will turn up to Montreal Park to start at 6:30pm start on Wednesdays.
- If players are running late or can't make training, then they shall send David Roffey a text message at least an hour in advance ([07734 321684](tel:07734321684)).
- 10 minutes of the sessions will be dedicated to reviewing team performance from the weekend. From this, a focus for the session will be established, and where necessary, scenarios shall be set up to replicate game situations.
- All players are expected to ***Train as they play***, and set themselves goals for every training session.
- Senior and experienced players will set the standards at training by striving to achieve the best from themselves and others.
- Communication unto other club members will be constructive and supportive.
- No players will stand around idly during the session. If unsure where players should be, they should ask David Roffey what they can do to contribute.
- Members and families are invited and encouraged to join the club for a weekly club meal after training.

Pre-game

Every player will commit to preparing the club house, as well as themselves and their team mates wholeheartedly physically and mentally for the game.

- All players will turn up to Montreal Park before the designated meet time of 11:00am. If alternative travel arrangements are to be made, then Mark Epps needs to be notified the night before ([07763 650519](tel:07763650519)).
- No player will turn up to a game suffering from intoxication from the previous night. If this is unavoidable, then the player is expected to conduct themselves maturely.
- Every player in the 1st XI will arrive at Montreal Park dressed in Holmesdale Polo shirt, beige chinos, and smart shoes
- Each player will be allocated a duty to carry out prior to the game aiding with the preparation of the club ready for the day. Every player will be expected to complete their task.



- Players are expected to commit to warming themselves and their team mates up, by engaging wholeheartedly in warm-up sessions – physically and mentally.

During a game

Developing a culture of playing for your mates, by fulfilling roles, trusting in one another's ability and celebrating successes

- Players will spend the first 10 overs of the Holmesdale innings together discussing and analysing the opposition fielders and bowlers.
- Mindful verbal encouragement from the boundary/ pavilion is expected throughout the Holmesdale innings.
- Players commit to fighting until the final ball of the day to secure a win. A commitment from every player to do this will turn games in our favour.
- When a player is out, they will be entitled to spend a short while to defuse/ reflect on their performance. However after this short period, they ought to sit with team mates and offer positive feedback.
- Positivity throughout – we are a team – we win and lose as a team!

Post-game

- Each player will be allocated a duty to do following the completion of the game.
- Players are expected have a think about their own performance at the end of the day, for discussion with the captain and/or the team at a later stage.
- Each player is expected to stay behind after the game for at least one drink with the opposition – both home and away.
- Players are expected to demonstrate respect for their club house at all times
- Together all players will create a welcoming, friendly, social environment for friends, family and club members

Holmesdale Cricket Club expects all of its players to act as ambassadors to the club on and off the field. Welcoming and introducing new members, catching up with junior players and parents and encouraging non-members to become a part of the Holmesdale Community.

T – together

E – everyone

A – achieves

M - more



**"Talent wins games, but teamwork
and intelligence wins championships."**

Michael Jordan

We value...

- Playing & training with **Discipline**
- Promoting **Enjoyment**
- **Conviction** in application

Remember....

"The man who gave 100% never regretted anything"

Jonny Wilkinson – Rugby World cup winner